

# STAGNES HOTEL.

## STARTERS

12 - 3PM 5 - 9PM

GF V VEGAN OLIVES	3.75
V VEGAN DA BARA BAKERY CIABATTA RAPESEED OIL, BALSAMIC REDUCTION	3
SOUP OF THE DAY WARM CIABATTA, BUTTER	6
CRAB SALAD DRESSED CORNISH CRAB SALAD, CIABATTA	8.5
LAMB SCRUMPETS BREADCRUMBED BREAST OF LAMB, CAPER & GHERKIN MAYO, ROCKET	7

## LUNCH

12 - 5PM

ALL SERVED WITH SALAD & COLESLAW  
GLUTEN FREE OPTION AVAILABLE

V CHEESE & PICKLE - SERVED ON CIABATTA, VEGAN OPTION AVAILABLE	7
SAUSAGE, CARAMELISED ONION, MUSTARD MAYO - SERVED ON CIABATTA	8
CORNISH CRAB, MAYO & ROCKET - SERVED ON CIABATTA	9
TURKEY BRIE & CRANBERRY PANINI	8
V BRIE & CRANBERRY PANINI	7.5

## MAINS

12 - 3PM 5 - 9PM

GF STEAK & FRIES 8OZ RUMP STEAK, ROAST GARLIC BUTTER, FRIES, DRESSED LEAF	17.5
GF DRESSED CORNISH CRAB FRIES, DRESSED LEAF	17
GF HALF CORNISH LOBSTER GARLIC BUTTER, FRIES, DRESSED LEAF	23
FISH & CHIPS PROPER JOB BATTERED CORNISH FISH, MUSHY PEAS, TARTARE SAUCE	13.5
VEGAN MALAYSIAN LAKSA TOFU, PAK CHOI, BEANSPROUTS, PEANUTS, GLASS NOODLES	13
CORNISH HAKE FILLET CRAB SALAD, PROVENCALE VEGETABLES, ROAST NEW POTATOES, PINE NUTS, BASIL OIL	16
CIDER & BACON MUSSELS MUSSELS, CREAMY CIDER SAUCE, SMOKY BACON, FRIES, TOASTED CIABATTA	13.5

## BURGERS

12 - 3PM 5 - 9PM

SERVED IN A BRIOCHE BUN WITH FRIES & COLESLAW

AGGIE BURGER BACON, CHEDDAR, RELISH	13.5
V VEGGIE BURGER MONTEREY JACK, BURGER RELISH - VEGAN OPTION AVAILABLE	12
THAI GREEN CHICKEN BURGER SRIRACHA CARROTS, SWEET CHILLI MAYO	13.5

## SIDES

12 - 9PM

GF V VEGAN FRIES	3.75
GF CHEESY FRIES	4.5
GF BRIE & BACON FRIES	5.5
V GARLIC BREAD	3.5
V CHEESY GARLIC BREAD	4.5
GF V VEGAN HOUSE SALAD	3.5

## KIDS

12 - 9PM

MAIN COURSE & ICE CREAM	6.5
SAUSAGE & FRIES GARDEN PEAS	
V VEGAN VEGGIE SAUSAGE & FRIES GARDEN PEAS	
TOMATO PENNE PASTA CHEESE	
FISH BITES & CHIPS GARDEN PEAS	
V GARLIC BREAD	1.5

# STACNES HOTEL.

## BREAKFAST

SERVED MON - SAT 8AM ~ 12PM  
SUN 8AM ~ 11AM

### FULL CORNISH

FRIED EGG, BACON, SAUSAGE, HASH BROWN,  
MUSHROOMS, TOMATO, BEANS  
• SERVED WITH SOUR DOUGH TOAST

### BOLSTER

TWO FRIED EGGS, TWO BACON, TWO  
SAUSAGES, TWO HASH BROWNS,  
MUSHROOMS, TOMATO, BEANS  
• SERVED WITH SOUR DOUGH TOAST

### VEGGIE

FRIED EGG, TWO SAUSAGES, HASH BROWN,  
MUSHROOMS, TOMATO, BEANS  
• SERVED WITH SOUR DOUGH TOAST.  
VEGAN OPTION AVAILABLE

### EGGS ON TOAST

TWO FRIED, POACHED OR SCRAMBLED EGGS  
• SERVED WITH SOUR DOUGH TOAST

### BREAKFAST ROLL

CHOOSE UP TO 3 ITEMS:  
• FRIED EGG, BACON, SAUSAGE, HASH BROWN,  
MUSHROOM, TOMATO, VEGGIE SAUSAGE,  
BEANS

1 ITEM

2 ITEMS

3 ITEMS

9

12

9

5

4

5

6

## SMOOTHIES

☺☑️ VEGAN GREEN REVIVER 4  
BANANA, KALE, MANGO, LEMONGRASS, APPLE  
JUICE

☺☑️ VEGAN PINEAPPLE SUNSET 4  
PINEAPPLE, PAPAYA, MANGO, APPLE JUICE

☺☑️ VEGAN STRAWBERRY SUNRISE 4  
STRAWBERRY, BANANA, APPLE JUICE

## DESSERTS

12 - 3PM 5 - 9PM

STICKY TOFFEE PUDDING 6.5  
TOFFEE SAUCE, VANILLA ICE CREAM

CHOCOLATE BROWNIE 6.5  
WERTHERS ORIGINAL SAUCE, VANILLA ICE  
CREAM

### CORNISH ICE CREAM AND SORBET

1 SCOOP 1.95

2 SCOOPS 3.5

3 SCOOPS 5.5

## MILKSHAKES

☺☑️ STRAWBERRY WHIP 3.95

☺☑️ CHOCOLATE CHIP 3.95

## OUR LOCAL SUPPLIERS:

