

**BREAKFAST 8 - 11am**

**LUNCH 12 - 2.45pm**

**DINNER 5 - 9pm (except Saturday & Sunday)**

## STARTERS

<sup>VEGAN</sup> **OLIVES** 5

<sup>VEGAN</sup> **WARM BREAD** 4  
RAPESEED OIL, BALSAMIC REDUCTION

## LUNCH

🍷 **SOUP OF THE DAY** 7  
WARM BREAD, BUTTER

**BAKED CORNISH HAM, MATURE CHEDDAR & TOMATO CHUTNEY PANINI** 12  
FRIES & DRESSED LEAF

<sup>VEGAN</sup> **VEGAN SMOKED APPLEWOOD CHEESE & TOMATO CHUTNEY PANINI** 12  
FRIES & DRESSED LEAF

**SANDWICH SPECIAL, PLEASE SEE SPECIALS BOARD** 12  
FRIES & DRESSED LEAF

## DINNER

**SEE OUR DAILY CHANGING SPECIAL BOARD**

## SIDES

<sup>VEGAN</sup> **FRIES** 4

<sup>VEGAN</sup> **MIXED SALAD** 4

**MATT & DAVE**

**'MAD POP UP'**

**MEDITERRANEAN DELIGHTS**

**FROM**

**LAND & SEA**

**EVERY SATURDAY 5 -**



## KIDS

MAIN COURSE & ICE CREAM 8

SAUSAGE, FRIES + BEANS  
VEGGIE OR MEAT SAUSAGES

CHICKEN NUGGETS  
FRIES + BEANS

COD GOUJONS  
FRIES + PEAS

## DESSERTS

☑ CORNISH ICE CREAM & SORBET

1 SCOOP 3

2 SCOOPS 5

3 SCOOPS 7

## SMOOTHIES

☑ GREEN REVIVER 6  
KALE, MANGO, LEMONGRASS, APPLE JUICE

☑ PINEAPPLE SUNSET 6.00  
PINEAPPLE, PAPAYA, MANGO, APPLE JUICE

☑ STRAWBERRY SUNRISE 6.00  
STRAWBERRY, BANANA, APPLE JUICE

## MILKSHAKES

☑ CHOCOLATE CHIP 6.00

☑ VANILLA MILK 6.00

☑ STRAWBERRY WHIP 6.00

## BREAKFAST

SERVED MONDAY - SUNDAY 8AM - 11AM

FULL CORNISH 13  
FRIED EGG, BACON, SAUSAGE, HOGS PUDDING, HASH BROWN, MUSHROOM, TOMATO, BEANS, SEEDED WHOLEMEAL TOAST

☑ VEGGIE 13  
FRIED EGG, TWO SAUSAGES, HASH BROWN, MUSHROOMS, TOMATOES, BEANS, SEEDED WHOLEMEAL TOAST (CAN BE VEGAN)

BOLSTER 17  
TWO FRIED EGGS, TWO BACON, TWO SAUSAGES, TWO HOGS PUDDING, TWO HASH BROWNS, MUSHROOM, TOMATO, BEANS, SEEDED WHOLEMEAL TOAST

BREAKFAST ROLL  
CHOOSE UP TO 3 ITEMS:  
FRIED EGG, BACON, SAUSAGE, HASH BROWN, MUSHROOM, TOMATO, VEGGIE SAUSAGE, BEANS

1 ITEM 5

2 ITEMS 6

3 ITEMS 7

## LIGHT BREAKFAST OPTIONS

☑ EGGS WITH TOAST 7  
TWO FRIED, POACHED OR SCRAMBLED EGGS  
SERVED WITH SEEDED WHOLEMEAL TOAST

☑ AVOCADO, CHILLI & CORIANDER 9  
POACHED EGGS, TOASTED CIABATTA

## HOT DRINKS

AMERICANO 3.1

FLAT WHITE 3.1

LATTE / ICED LATTE 3.5

CAPPUCCINO 3.60

MOCHA 3.7

MACCHIATO 3

ESPRESSO 2.2

TEA 3

PLEASE ASK YOUR SERVER FOR OUR SELECTION

HOT CHOCOLATE / DELUXE 3.5 / 4.1